

ISLAMIC PSYCHOLOGY

TRAINING PROGRAM

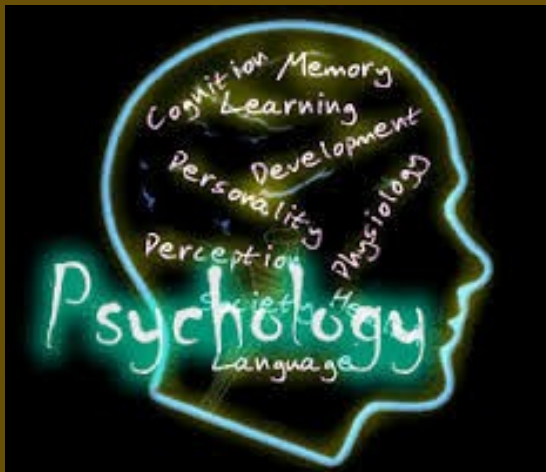


PROGRAMME OVERVIEW

Islamic Psychology Training will help the People to understand themselves (nafs) in such a way that is in accordance with the Quran & the Sunnah of the Messenger of Allah (peace be upon him), and it will (In Sha Allah) enable students to change their approach when it comes to dealing with people, solving problems, coping with life's struggles, etc..

OBJECTIVES

- To familiarize the participant with the changing relationship between psychology and religion.
- To discuss the basic tenets of Islamic faith and worldview and how they affect one's behavior and thought processes.
- Develop a familiarity of the works of early Muslim scholars in order to build upon their contributions to modern psychology.
- Familiarize the participant with the concept of “Islamization of knowledge” (IOK), its critique, and challenges.





WHO CAN ATTEND?

- ♦ Couples
- ♦ Executives
- ♦ Imams
- ♦ Psychologists
- ♦ Teachers
- ♦ Anybody for Self development



TOPICS COVERED

- ♦ Concepts of Islamic Psychology
- ♦ Introduction about Islam & Psychology
- ♦ Branches of Psychology
- ♦ Islam and Mental Health
- ♦ Pioneers in Islamic Psychology
- ♦ Our senses
- ♦ Putting Islamic Counselling theory in practice
- ♦ Love Languages
- ♦ Mental Health Awareness
- ♦ Myths
- ♦ Psychology in Islamic Perspective
- ♦ Types of Mental Illnesses
- ♦ Psychology of Gender
- ♦ Child Psychology
- ♦ Counselling Techniques
- ♦ Case studies

WORKSHOP AT CRESCENT UNIVERSITY





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Reach out with any and all
questions!
We're always here to serve

VILLIVAKKAM:

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AYAPAKKAM:

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